

SPECIFIC MAIN CLASS FORMATIONS ACROBATICS CATALOG - 2019

ACROBATIC ELEMENTS FOWARD	REPET. ID	AG	DIFF.	Value	DIFF.IN COMB.	Value	twist
2B1G - 5/4 front tucked, landing on the arms, lying face down	71000	1	B	5			N
2B1G - 5/4 front piked, landing on the arms, lying face down	71005	1	C	6			N
2B1G - 5/4 front straight, landing on the arms, lying face down	71010	1	D	7			N
2B1G - 1/2 turn 5/4 front tucked, landing on the arms, lying face down	71030	1	D	7			N
2B1G - 1/2 turn 5/4 front piked, landing on the arms, lying face down	71035	1	E	8			N
2B1G - 1/2 turn 5/4 front straight, landing on the arms, lying face down	71040	1	F	9			N
2B1G - 1/2 turn 5/4 front tucked with 1/2 twist, landing on the arms, lying face down	71045	1	E	8			Y
2B1G - 1/2 turn 5/4 front tucked with 1/1 twist, landing on the arms, lying face down	71046	1	F	9			Y
2B1G - 1/2 turn 5/4 front piked with 1/2 twist, landing on the arms, lying face down	71050	1	F	9			Y
2B1G - 1/2 turn 5/4 front piked with 1/1 twist, landing on the arms, lying face down	71051	1	G	10			Y
2B1G - 1/2 turn 5/4 front straight with 1/2 twist within, landing on the arms, lying face down	71055	1	G	10			Y
2B1G - 1/2 turn 5/4 front straight with 1/1 twist within, landing on the arms, lying face down	71056	1	H	11			Y
2B1G - 5/4 front tucked with 1/2 twist, lying on the back	71057	1	C	6			Y
2B1G - 5/4 front piked with 1/2 twist, lying on the back	71058	1	D	7			Y
2B1G - 5/4 front straight with 1/2 twist within, lying on the back	71059	1	E	8			Y
2B1G - 5/4 front tucked with 1/1 twist, lying face down	71060	1	D	7			Y
2B1G - 5/4 front piked with 1/1 twist, lying face down	71061	1	E	8			Y
2B1G - 5/4 front straight with 1/1 twist within, lying face down	71062	1	F	9			Y
L - lower class - forward		1	L	2	L'	0	N

ACROBATIC ELEMENTS BACKWARD	REPET. ID	AG	DIFF.	Value	DIFF.IN COMB.	Value	twist
2B1G - 5/4 back tucked, landing on the arms, lying on the back	72000	2	B	5			N
2B1G - 5/4 back piked, landing on the arms, lying on the back	72005	2	C	6			N
2B1G - 5/4 back straight, landing on the arms, lying on the back	72010	2	D	7			N
2B1G - 5/4 back tucked with 1/2 twist, landing on the arms, lying face down	72057	2	C	6			Y
2B1G - 5/4 back piked with 1/2 twist, landing on the arms, lying face down	72058	2	D	7			Y
2B1G - 5/4 back straight with 1/2 twist within, landing on the arms, lying face down	72059	2	E	8			Y
2B1G - 5/4 back tucked with 1/1 twist, landing on the arms, lying on the back	72060	2	D	7			Y
2B1G - 5/4 back piked with 1/1 twist, landing on the arms, lying on the back	72061	2	E	8			Y
2B1G - 5/4 back straight with 1/1 twist within, landing on the arms, lying on the back	72062	2	F	9			Y
L - lower class - backward		2	L	2	L'	0	N

ACROBATIC ELEMENTS - DIVES	REPET. ID	AG	DIFF.	Value	DIFF.IN COMB.	Value	twist
F-Ba-G-Bb - dive straight (landing on the second partner's back, exit between legs)	73010	3	E	8			N
F - front dive from standing on partner's shoulders	73020	3	L	3		0	N
L - lower class - dive		3	L	2	L'	0	N

NON FLYING ACROBATIC ELEMENTS - ROTATIONS	REPET. ID	AG	DIFF.	Value	DIFF.IN COMB.	Value	twist
B-4-B3 Belt 3 rotations	4040	4	C	6	C'	2	N
B-4-B4 Belt 4 rotations	4040	4	D	7	D'	2,5	N
B-4-BER3 Berliner 3 rotations	4050	4	C	6	C'	2	N
B-4-BER4 Berliner 4 rotations	4050	4	D	7	D'	2,5	N
B-4-4-CD3 rotation combination 3+3 with change of direction	4060	4	F	9	F'	3,5	N
B-4-4-SD3 rotation combination 3+3 in same direction	4060	4	G	10	G'	4	N
L - lower class - rotation		4	L	2	L'	0	N

OTHER ACROBATIC ELEMENTS	REPET. ID	AG	DIFF.	Value	DIFF.IN COMB.	Value	twist
L - lower class - other		7	L	2	L'	0	N

CONCEPT AND CODIFICATION for ACROBATIC ELEMENTS: PASQUALIN Fred



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